

Commander's Corner

Scott Quilty
Commander Post 116



As we wrap up the year, we're trying something new with recognition at Post 116! We will be naming a 2023 Legionnaire of the Year, Auxiliary Member of the Year, SAL Member of the Year, and giving out our first Post-wide recognition for service:

The Joy Blackmon Volunteer Service Award!

A few details:

1. Members may vote now through Friday, December 15 at midnight.
2. One member = one vote per category.
3. We all are voting for every category. Example: A member of the auxiliary can vote for Legionnaire of the Year, and a Legionnaire can vote for SAL member of the year, etc.
4. Votes will be checked against our memberships rolls, meaning only current members may vote.
5. Awardees will be selected by popular vote.
6. The top 3 nominees in each category will be invited to attend the Post 116 New Years Party.
7. Award winners will be announced at the Post 116 New Years Party.

8. All awardees will be recognized a second time at their respective General Meetings in January (Legion, Aux, Sons).

9. Currently serving Commanders and Presidents are not eligible for these awards (Scott Quilty, Stacey Rossner, and Patrick Dunkle).

10. Paid employees of the Post are eligible for all awards except the Joy Blackmon Volunteer Service Award.

Award Criteria:

For 2023 Legionnaire of the Year, Auxiliary Member of the Year, and SAL Member of the Year, we are voting for who you think best exemplifies the American Legion and Post 116-ethos. They stand as an example for other members to follow.

For the 2023 Joy Blackmon Volunteer Service Award, we are voting for a member (Legion, Aux, or Son) who selflessly volunteers their time and talents to Post 116 in the spirit of the late Joy Blackmon.

Vote here: <https://forms.office.com/Pages/ResponsePage.aspx?id=--bQWEK7eU2ZQpNK-pQFzBGrDSpJjOqBDthi2pMBPbbhURD-JRVFVVNEo1TFRYRkoxNjllVtC3NFBFMy4u>

JUDGE ADVOCATE GUIDE

J.A.G.

Post 116

Operations Guide

PAUL YAGER

pcyager@gmail.com



Uniform Cap Etiquette And How To Get One.

- The left side (emblem side) of the cap is reserved only for the Legion emblem, city, county, district, or state lettering.
- If desired, the following items must be placed on the right side of the cap:
 - Additional lettering, restricted to either the name of a Post or to an officer title, such as Past Commander
 - Cap insignias or badges for past or present officers
 - Consecutive membership insignia, membership stars, and/or authorized Legion or military service decorations
- Names or nicknames of individual members cannot be used on caps.
- The Legion uniform cap should be worn by its members only when in attendance at official Legion meetings or ceremonies or as official guests at patriotic or other civil functions or by individuals when officially representing The American Legion on public occasions.
- A member is considered to be in uniform if wearing an official Legion uniform cap. **Therefore it is not proper to wear the cap while eating a meal at an official Legion or civic luncheon or dinner.**
- The cap should be worn in a place of worship only by the Guard of Honor, Color Guard, and Commander of same while in marching order or standing guard. When returned to and seated in pews, the cap should be removed.
- Legion posts marching in formation into a place of worship should uncover at the door, hold the cap



with the right hand over the heart until the arrival in the pews and commanded to take seats, remaining uncovered during the entire service. At the close of the service, upon command, the post shall arise, the members holding the cap with the right hand over the heart will march out of the place of worship and recover after marching through the door.

- Legion members not in formation will uncover upon entering the place of worship and remain uncovered during the entire service and will recover after leaving the place of worship.
 - When at a funeral, the cap should be held over the heart as one approaches the casket and is not at any time worn in a place of worship (except by the Guard of Honor, Color Guard, or Commander of same while in marching order or standing guard.) At the graveside, the cap should be held in the right hand over the heart during the entire service. In cold and inclement weather, the cap should not be worn.
 - In Legion meetings, the cap should be worn except during moments of the Pledge of Allegiance, prayer, and when standing in silent reverence in memory of departed comrades, when the cap should be held with the right hand over the heart.
- Female members of the Legion should wear their caps in the manner prescribed for female personnel of the armed services.

It is easier to call to place your order than ordering on line, as different options are available for different states. A minimum of 8 weeks for delivery can be expected.

Call toll free (888) 453-4466 Monday - Friday 8:30 a.m. - 5:30 p.m. ET (5:30 a.m. - 2:30 p.m. PT.)
<https://emblem.legion.org/faq.asp>

FIRST FRIDAY



HOT & TASTY

DEC 1 4-7p

Flounder, Hushpuppies,
Green Beans & Home-made Cole Slaw

CARRY OUT or CURBSIDE

Order from your car and we'll happily bring it out

PICK UP or DINE IN

Bldg 1 Hall will be open

THE AMERICAN LEGION FAMILY



AMERICAN LEGION | POST 116

POST KARAOKE ★
FIRST FRIDAY
FIRST FRIDAY



**Karaoke
party**

7-10p

POST KARAOKE ★
LIVE MUSIC



SUNDAY NFL COOK



MENU

NAKED WINGS (Sauced the way you like) \$1 ea.

*Buffalo, Garlic Parm, Teriyaki, Mango Habanero,
Rasmussen's Sweet & Spicy Bourbon Sauce,
Post 116 Vinegar BBQ Sauce*

1/3 lb. ANGUS BEEF CHEESEBURGER \$6.00

TOASTED BLT SANDWICH \$6.00

TOASTED THICK CUT FRIED BOLOGNA
SANDWICH W/ CHEESE \$6.00

ALL BEEF HOT DOG W/ CHILI \$3.00

GRILLED CHEESE SANDWICH \$4.00

ADD BACON \$1.00

SIDES

FRENCH FRIES \$3.00

ONION RINGS \$5.00

GOUDA MAC-n-CHEESE BITES \$5.00

 AMERICAN
LEGION

POST
116



2024



NEW
YEARS
EVE
PARTY

DANCING THROUGH THE DECADES

MUSIC

6p-12a

DINNER

6:30-8p

Buffett

PRE-SALE

\$25

11.13.2023 thru 12.20.2023

Spcae is limited. Tickets available through your bartenders.

AMERICAN
LEGION

POST
116



Go ARMY!
Beat Navy

Go NAVY!
Beat Army

Dec. 9th ★ 3p

BRING-A-DISH Pot-Luck

Old Bay Rimmed PBR's \$2

VETERAN PEER SUPPORT GROUP

WE'RE IN THIS TOGETHER

Returning to civilian life from the military can be a difficult transition. This peer support group provides our Veterans a private space amongst peers to share their experiences or struggles.

JOIN US EVERY WEDNESDAY

SEPT. 6	9a	NOV. 8	7p
SEPT. 13	7p	NOV. 15	9a
SEPT. 20	9a	NOV. 22	7p
SEPT. 27	7p	NOV. 29	9a
OCT. 4	9a	DEC. 6	7p
OCT. 11	7p	DEC. 13	9a
OCT. 18	9a	DEC. 20	7p
OCT. 25	7p	DEC. 27	9a
NOV. 1	9a		

- You do not need to be a member
- Coffee and donuts are provided
- Approximately 1 hour
- You may park on the right side of Bldg 2 for privacy if desired



SERVICE OFFICER ASSISTANCE

**You may be entitled to disability
benefits from the VA**

- Get help in filing a claim
- Overcoming obstacles
- Increasing your benefits status

MEET

PAUL FERRIS



**Does the road to VA
benefits appear foggy
and obscured? Let us
help you find the path.
Contact your Service
Officer for assistance.**

CONTACT

Service-Officer@ALPost116NC.org

OFFICE HOURS

SATURDAYS 12p-4p
BUILDING 2 Museum

BACK PACK BUDDIES



CAN FOOD DRIVE



DECEMBER TO MARCH

At Fuquay-Varina, Lincoln Heights and Cardinal Charter
Elementary Schools

Serves up to 100 children from Pre-K to 5th grade who are in need of food on the weekends.

NO GLASS. Cans or plastic only. We are collecting the following items:

Peanut butter & jelly	oatmeal	cereal
Fruit cups	pudding	jello
Fruit/breakfast bars	spaghetti	tomato sauce in a can
Can chicken	rice	raisins
Raman noodles	tuna fish	hot dogs & beans
Vienna sausage	Soup	Snacks/juice boxes
Crackers/saltines - w/PB or w/cheese	Can vegetables	
Canned meat	canned pasta meals	Back Packs

Sponsored by the American Legion CRUISERS Post 116, Fuquay-Varina

THANK YOU. THANK YOU. THANK YOU.

If you need further information contact Kathy Koch at Slineykoch21654@gmail.com

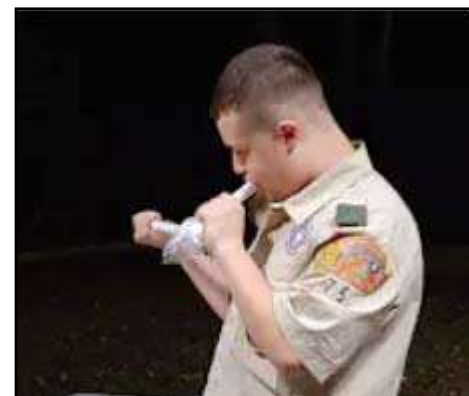
TROOP 75 OCTOBER AND NOVEMBER NEWSLETTER



During October the troop built the entrance way for camp by tying a rope to a piece of bamboo and then tied it to a tree. On the 21st the troop created a creepy trail and hosted a tent or treat for Cub Scout Pack 75. On 10/23 the troop had a pizza party and watched Monster House because we earned enough merit badges from summer camp. On 10/24 some scouts from the troop helped the Cub Scout pack learn knife safety and how to create a fire safely. The troop ended the month making mallets from wooden logs and we learned how to use an axe yard.



On the 4th of November the troop had a campout at Camp Medlin, went to the Science Museum, had Bojangles for lunch, and ended the day with a Flag Retirement Ceremony for the post. For the 6th the troop built PVC pipe air horns by sanding away at a small piece for an hour it was worth it because they sounded pretty good in the end. Starting on the 11th and ending on the 13th the troop did a day hike in Umstead State Park, we hiked 10.5 miles and had





Wendy's together for lunch. The troop learned bucket drumming and we are pros now. It was very LOUD! Troop 75 and SAL teamed up to split and stack firewood for our new fireplace.



*Smoked Pork Butt sales came to an end on November 14, 2023 We hope you enjoyed.

Upcoming Events:

- 11/18 - Roadside Trash Cleanup
- 11/22 - Pork Butt pick-up
- 11/27 - Court of Honor



Supported by
F-V Woman's Club
The American Legion Post 116

- December 17th
In Fuquay-Varina Cemeteries
- Wake Chapel at **0900**
✓ 905 Wake Chapel Dr
- Greenlawn at **1030**
✓ 1621 Broad St
- Bazzel Creek Missionary Chapel at **1200**
✓ 741 Coley Farm Rd

REMEMBER
OUR FALLEN U.S. VETERANS.

HONOR
THOSE WHO SERVE.

TEACH
OUR CHILDREN THE VALUE OF FREEDOM.

WREATHS
across
AMERICA

WREATHS *across* AMERICA

December 17th
At Wake Chapel
At Greenlawn
At Bazzel Creek
Missionary Chapel

SHIRTS ARE BACK!



\$20 ea.

+\$2 +\$3
2XL 3XL

**SEE YOUR
BARTENDER
FOR DETAILS**

REC ROOM NEW HOURS

SUN 12-8pm

MON 2-9pm

TUE 2-9pm

WED 2-9pm

THUR 2-9pm

FRI 12-11pm

SAT 12-11pm

Special Events subject to a later close



*Every 3rd
Thursday
Open To
The Public*



December 2023 MONTHLY CALENDAR

- 1st Fish Fry 4-7pm
- Karaoke wit DJ Liam 7-10pm
- 2nd Service Officer Assistance 12-4pm
- 3rd NFL Cooks 1-5pm
- 4th Cornhole 7pm
- Aux Exec. Meeting 7pm
- 6th Veterans Peer Support Group 7-8pm
- 7th Post Executive Meeting 7pm
- 9th Service Officer Assistance 12-4pm
- Army Navy Game 2pm
- 10th Celebration of Life 10:30am
- NFL Cooks 1-5pm
- 11th Cornhole 7pm
- 12th Rec Room Meeting 6:30pm
- 13th Veterans Peer Support Group 9-10am
- Ways & Means Committee 6:30pm
- Special Events Committee 6:30pm
- 14th General Meeting Dinner 6-7pm
- General Meeting 7pm
- 15th H.G. retreat Ceremony/Flag Pole 5pm
- 16th Wreaths Acroos America 8am-3pm-
- Service Officer Assistance 12-4pm
- 17th NFL Cooks 1-5pm
- Visit With Santa 2-5pm
- 18th Cornhole 7pm
- 19th Aux. General Meeting 6:30pm
- 20th Veterans Peer Support Group 7-8pm
- Finance Meeting 6:30pm
- 21st New Members Meet Commander 5pm
- Cruiser Meeting/Party 6pm
- Music Bingo 7pm
- 23rd Service Officer Assistance 12-4pm
- 24th
- 25th
- 26th SAL Exec. Meeting 6:30pm
- SAL General Meeting 7pm
- 27th Veterans Peer Support Group 9-10am
- 28th Riders Meeting 6:30pm
- 29th Band: Kevin Lee 7-8pm
- 30th Service Officer Assistance 12-4pm
- 31st Legion New Year's Eve Part 6pm-12A

Want To Hear A Specific Band
Send an email to Kelly: RecRoom@alpost116nc.org



Did You Know?
If you have TRICARE and/or private insurance, you could still be eligible for VA services.

VA WOMEN'S HEALTH REENGAGEMENT TRAINING



Connect with women Veterans in your community and learn what Veteran- and women-centered VA health care services are available to you:

- Women's health services
- Whole health & mental health services
- How to determine VA care eligibility and enroll in VA

To register, visit
calendly.com/WomensheaRT

If you do not have access to internet or smartphone,
call (971) 394-3270 to register.
Contact info@WomensheaRT.info with questions.




Women Veterans Health
Reengagement Training
— heaRT —





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Evelyn Walters
Director of Golf



Email: evelynwalters@bentwinds.org
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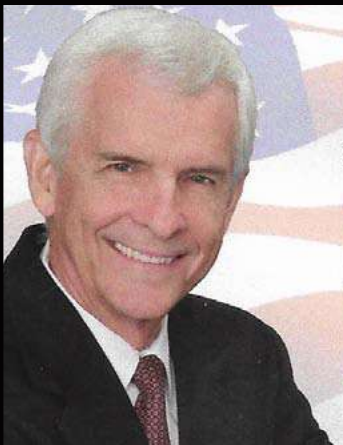

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Veterans and Community Alliance



[HTTP://4EVERBRICKS.COM/DONORS/POST116/](http://4everbricks.com/donors/post116/)

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As an Air Force Veteran and an active member of Post 116, I would love the opportunity to help you find your dream home or sell your current property.



25% COMMISSION REBATE OFFERED TO ALL VETERANS

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