

District 11, Division 3, Dept. of North Carolina | 6400 Johnson Pond Rd., Fuquay-Varina, NC, 27526 | 919-552-7056

May, 2024

Volunteers coming together to clean the pond area of brush and debris





Krista Abshure, Commander, Post 116

FREEDOM ISN'T FREE

As May begins, my thoughts turn to Memorial Day and the profound significance it holds for our veterans. It's a time when I feel a deep sense of responsibility as a veteran to pay tribute to those brave men and women who made the ultimate sacrifice while serving in our military. Their courage, sacrifice, and s elflessness must always be honored and remembered.

As a member of the Legion Family, I am reminded of our shared duty to ensure that the price paid by our friends and comrades is never forgotten. It's a time for reflection, appreciation, and gratitude for the tremendous sacrifices they made to protect the freedoms and liberties we hold dear.

On Memorial Day, when we gather in solemn remembrance, with our hearts filled with gratitude, honoring the memory of these extraordinary individuals who gave their lives in service to their country. Let us never forget their unwavering dedication and the immeasurable impact they have had on our nation.

I have a humble request for all of you as you come together with your family and friends. Please take a moment to offer a prayer for the families left behind, their tables now marked by an empty seat. Additionally, I encourage you to raise a glass or share a heartfelt story about a fallen veteran. Through these gestures, we pay tribute to their bravery and sacrifice, and keep their spirit alive in our hearts and minds. May our prayers, stories, and shared moments serve as a testament to their unwavering dedication and the lasting impact they have had on our lives.



FIRST FRIDAY



Flounder, Hushpuppies,
Green Beans & Home-made Cole Slaw

CARRY OUT or CURBSIDE

Order from your car and we'll happily bring it out

PICK UP or DINE IN

Bldg 1 Hall will be open

THE AMERICAN LEGION FAMILY











COMMITTEE/CLUB REPORTS

RIDERS

Chris Stocker chris@thestockers.net



SWAP MEET

The Riders held their first-ever Swap Meet on April 6th at our Post. They had a gorgeous day with more than 60 bikes and 100 people, which resulted in 4 people inquiring about membership and, while this was not a fundraising event, they made about \$400. These funds will go toward the pizza and snacks the Riders purchase to take on their visits to the VA Hospital in Fayetteville. Special thanks to the event sponsors: Tobacco Road Harley Davidson, Cycle Gear, Triangle Wine and Deep River Brewing Company.







POST RIDERS SHOW UP AND SHOW OUT

Riders participated and represented the Post in several events this month including a memorial flag line at our post, the 17th annual Pink Ribbon Ride in Youngsville, the Post 13 Riders Car, Motorcycle, Truck and Tractor Show in Wilson and a Charity Ride to support Post 138 in Roxboro. They also escorted the Deuce to deliver water to the USO, which ensures our Military visiting the USO stay hydrated. Make sure you stop by the USO next time you're at RDU and say hello to the awesome volunteers there.







SERVING DINNER

The Riders are serving dinner at the Post General Meeting on May 9th - see you there!

COMMITTEE/CLUB REPORTS Continued

MEMBERSHIP COMMITTEE

Paul Ferris membership@alpost116nc.org

RENEWAL RESET

On July 1st, at the beginning of the renewal season, the eligibility list will reset. Only the Members that have renewed between July 1st and July 24th will be included in the drawing on July 25th. Renew early. Be an Early Bird. Get the worm. Or prize. We like prizes!

MEMBERSHIP STATUS

1121 members

95.41% retention!

THREE-YEAR DEAL

The multiyear membership automatically makes you eligible for Early Bird status. Those who sign up for a multiyear membership will not receive a renewal notice during the time they have signed up for the multiyear membership. Multiyear membership sign-up is only available on the national American Legion website (legion.org/renew)

WINNERS

January 2024 – Justin Coufal February 2024 – Tom Stacy March 2024 – Stephen Polenz April 2024 – Edward Serwan, Jr. May 2024 – **203277614** Is it you?

Contact: membership@ALPost116NC.org



MEMBERSHIP NEEDS YOUR HELP

Considers volunteering for one of the following positions listed below.

- Call Team Calling a set number (amount is up to you) of Members over a 3-month period. This is a critical component that we have not been very effective with lately that will ensure that all of our members are being reached.
- Record Keeping Team Assisting our personnel that are working on a consolidated database
- Membership Card Processing Team Ensuring that everybody gets their Membership Cards in a timely manner.
- Rec Room Team The Rec Room Team assists
 potential new members to determine which appli
 cation or form is needed, assists in the completion
 of the correct application, assists in securing the
 annual dues, and assists current members to re
 new their dues away from the bar.

As we look toward the 2025 Renewal Season starting in July, we really want to make sure that we get volunteers in place now. If you would like to assist the Membership Team, please send an email to membership@ALPost116NC.org or contact any person on the Membership Team and/or Leadership Team.

COMMITTEE/CLUB REPORTS Continued

HONOR/COLOR GUARD

Dan Miltenberger dmiltenberger@gmail.com

MEETING INFO

May 18 0900 | Bldg. 2

HONORING OUR COLORS

The Honor Guard has been busy in April! We provided honors for a Celebration of Life at the Post. We presented the Colors at the annual Battle of the Badges, a charity softball tournament pitting teams from local first responder departments. We presented the colors at the Warrior Fishing Tournament and finally we provided honors to another fallen veteran at a funeral in Raleigh. Regardless of whether we have several weeks notices or only have a two day notice the Honor Guard will move heaven and earth to provide honors to veterans at the end of their journey and to present the colors proudly and honorably at community events. It's what we do and we are proud to do it!



Our next meeting is on May 18, 0900-1100 in Bldg 2. We are always looking for new members!

No experience is necessary, and anyone can participate, Legionnaires and Sons. Come and join us!

You will have a great deal of fun and experience the rewarding and satisfying feeling that comes with honoring our Flag, our fallen, and representing our Post and the American Legion as a whole in the community.



COMMITTEE/CLUB REPORTS Continued

VETERAN SERVICES

Paul Ferris service-officer@ALPost116NC.org

New VA Resource Navigator: Finding VA resources

Veterans often have questions about VA services and benefits. Whether they have recently exited military service or have been separated for years, VA is here to help Veterans navigate benefit entitlements and take an active role in their health care. In an effort to provide the highest quality of care, VA has developed a new tool, the VA Resource Navigator, to help Veterans easily find and use VA resources so they can make informed decisions about their long-term health. The VA Resource Navigator provides web links, phone numbers, QR codes and other useful information about VA. With the VA Resource Navigator, Veterans can also find answers to frequently asked questions about key VA benefits and services.



VA RESOURCE I

Scan me



VA RESOURCE II

Scan me

Veteran Services Offices to Post 116.

State VSO (NC Department of Military and Veteran Affairs – NCDMVA)

Raleigh: 413 N Salisbury St, Raleigh, NC 27603 (HQ only - no Customer services)
Garner: 1027 US-70 #202, Garner, NC 27529
(In PNC building), (984) 232-7060 County VSO

Wake County VSO: 4401 Bland Rd, Raleigh, NC 27609, (919) 212-VETS

Harnett County VSO: 455 McKinney Pkwy, Lillington, NC 27546 (910) 893-7574

Johnston County VSO: 309 E Market St., Smithfield, NC, (919) 989-5067

SUN. 12p-8p M-Th. 2p-10p FRI.-SAT. 12p-11p

recroom@alpost116nc.org



ITS ALL IN THE MUSIC

May is upon us and while we won't have karaoke this month, we still have free jukebox Fridays and lots of events lined up for you. Join us on May 4th for the Kentucky derby with the sound up on our new soundbar on the big screen tv and drink specials. May 5th is cinco de Mayo, we will have \$3 Coronas, \$3.50 shots of Lunazel Tequila and Margaritas with Lunazel for \$4.50. Don't forget we have cornhole every Monday at 7pm.

Music bingo is the 3rd Thursday at 7pm, right after the new member meet up.

We have some great bands lined up this month! We have the band Real Rowdy lined up for May 18th and Fleming Road Band lined up for May 25th. If the weather cooperates, they will be outside on the deck or in the hall with the doors open if it rains.

We can't wait to see you!

Kelly, Sarah, Danni, Erin, Jan, Sam, Pete, Jeremy, Chelsea, and Jessie Mae

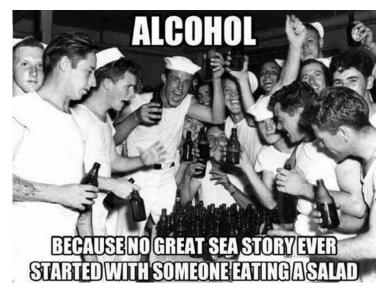
DAILY SPECIALS

SUNDAY		THURSDAY	
DOMESTIC BOTTLES	\$2.50	BUDWEISER	\$2.50
PERNICIOUS	\$4.50	CORONA	\$3.00
MIMOSA	\$4.00	COSMOPOLITAN	\$5.00
BREAKFAST SHOT	\$5.00	KAMIKAZE	\$3.50
MONDAY		FRIDAY	
MICHELOB ULTRA	\$2.50	MILLER HIGH LIFE	\$2.50
GUINNESS	\$3.50	STELLA ARTOIS	\$3.50
GRAPE APE	\$4.00	DIRTY SHIRLEY	\$4.00
W00 W00	\$3.50	ROYAL FLUSH	\$5.00
TUESDAY		SATURDAY	
BUD LIGHT	\$2.50	NATURAL LIGHT	\$2.50
SIERRA NEVADA PALE ALE	\$3.00	HAZY LIL THING	\$4.00
PINEAPPLE STRAWBERRY		STRAWBERRY LEMONADE	\$5.00
RUM REFRESHER	\$5.00	WHITE TEA SHOT	\$3.50
APPLE JOLLY RANCHER SHOT	\$3.50		



MEME ME - USN

MUSICAL MUSINGS





WEDNESDAY

ANGRY ORCHARD

WASHINGTON APPLE

YUENGLING

MARGARITA

MAY 4th 7-11p

\$2.50

\$3.50

\$3.50

\$5.00



MAY 16th 7-9p



MAY 18th 7-10p



MAY 25th 7-10p



MONTH AT A GLANCE 116

MAY HAPPENINGS

MAY **2**

Legion Executive Meeting • 7p

мау **9**

General Meeting • Elections • 7p

Dinner • 6p

MAY 3

Fish Fry • 4-7p

18

Band
Real Rowdy • 7-10p

MAY **25**

Band
Fleming Road • 7-10p

MAY 31

Meetings

SAL Steak Dinner • 5:30p

Clubs/Classes

Entertainment

Happenings Continued

5/1/24 - Veterans Peer Support - 9am

5/1/24 - Yoga Class - \$10 entry - 6:30pm

5/6/24 - Cornhole - \$10 - 7pm*

5/7/24 - Fuquay Dart Club - 7:30pm

5/8/24 - Raleigh Dart League 8pm*

5/8/24 - Yoga Class - \$10 entry - 6:30pm

5/8/24 - Veterans Peer Support - 7pm

5/10/24 - Luck of the Draw Dart Tournament - 7pm

5/13/24 - Cornhole - \$10 - 7pm*

5/14/24 - Fuquay Dart Club - 7:30pm

5/15/24 - Yoga Class - \$10 entry - 6:30pm

5/15/24 - Veterans Peer Support - 9am

5/16/24 - Cruisers Meeting - 6pm

5/17/24 - Blood Drive - 9am

5/20/24 - Cornhole - \$10 - 7pm*

5/21/24 - Fuquay Dart Club - 7:30pm

5/22/24 - Yoga Class - \$10 entry - 6:30pm

5/22/24 - Veterans Peer Support - 7pm

5/24/24 - Luck of the Draw Dart Tournament - 7pm

5/27/24 - Cornhole - \$10 - 7pm*

5/29/24 - Yoga Class - \$10 entry - 6:30pm

5/29/24 - Veterans Peer Support - 9am

5/8/24 - Ways & Means Meeting - 6:30pm

Eat

5/8/24 - Special Events Meeting - 6:30pm

5/14/24 - Rec Room Meeting - 6:30pm

5/20/24 - SAL Executive Meeting - 7pm

5/21/24 - Aux General Meeting - 6:30pm

5/23/24 - Riders Meeting - 6:30pm

5/28/24 - Sal General Meeting - 7pm

5/4/24 - Prom - Member's Only - 6:30-10:30pm

5/16/24 - Music Bingo - 7-9pm



COMMANDER

Krista Abshure | Commander@ALPost116NC.org



1st VICE

David Rossner | d_rossner@hotmail.com



2nd VICE

Jason Williams | jasonlwilliams1975@gmail.com



ADJUTANT

Jim Cavaco | adjutant@alpost116.nc.org

SGT. AT ARMS

Chuck Fiet | clfeit@yahoo.com Jon Gainey | jongainey@gmail.com Myka Knox | carth.volgate@gmail.com

HISTORIAN

George Broneske | gbroneske1@gmail.com



FINANCE OFFICER

Mike Cortez | ncalp116finance@gmail.com



JUDGE ADVOCATE

Open



SERVICE OFFICER

Paul Ferris | service-officer@alpost116nc.org



CHAPLAIN

Wayne Sherrod | firewalkus@yahoo.com

OFFICERS AT LARGE

Open

Tony Smith | tonysmi@nc.rr.com Dave Avis | avis1dave@gmail.com Dan Miltenberger | dmiltenberger@gmail.com Malcom Lewis | virockman@gmail.com Kathy Koch | slineykoch21654@gmail.com



SONS COMMANDER

Patrick Dunkle | ncsal116commander@gmail.com



AUXILARY PRESIDENT

Stacey Rossner | staceyspeaker@yahoo.com



RIDERS DIRECTOR

Chris Stocker | chris@thestockers.net



CRUISERS DIRECTOR

Harold Boettcher | Harold7422@gmail.com



COMMITTEE CHAIRS

Rec Room: Sherry Johnson Finance: Mike Cortez IT: Jason Williams

Ways & Means: David Rossner Memberships: Paul Ferris Public Relations: Dave Avis Buildings & Grounds: Bob Wesley

Rentals: Jason Williams

Veteran Affairs & Rehabilitation: Paul Ferris

Special Events: Ann Romano

BBQ: Lee Johnson Elections: Tony Smith Americanism & Youth: Open Audit: Open

Girl Scouts: Kathy Koch Boys State: Richard Stancel

Student Trooper: Richard Stancel Junior Shooter: Todd Wenzel

BSA: Mike Lake

Deuce-Big Green Truck: Norm Klein

Welcome: Open

SAL Cooks: Jason Medhurst



HONOR GUARD

Chair, Cmdr.: Dan Miltenberger

Captain: Norm Klein Captain: Mike Carrieri

Joe King Mike Hollett Ed Wagner Rich Akelewicz Jim Hunsberger Al Everington Chauncey Scarbrough Dave Campbell Michelle Graf Wayne Thompson

George Guenther

Ken Stallings John Velez Jesse Moore John Lockhart Bill Douglas Tony Van Schaick



Fishermen fro Fishing with a Veteran

PHOTOS ON THE POND









40 yrs of Auxiliary service from Audie Daddy-Daughter Dance below

New Member meetup with the Commander





THANK YOU WHOLE-HOG COOK OFF SPONSORS



Marina Barnes
Free Estimates
Located in: Angier NC

Commercial / Residential Fully Insured



Hal Owen and Associates, Inc

Enviromental Assessments Septic System Design Soil Investigation Wetland Mitigation

(910) 893-8743 827 S 8th Street, Lillington Fast Professional Service www.HalOwenSoil.com









June '24









LOOKING FOR VOLUNTEER OPPORTUNITIES?

LOOK TO THE POST.



WE HAVE MANY OPPORTUNITIES FOR INDIVIDUALS AND GROUPS!

Currently looking for assistance with:

- * Fish Fry's
- * BBQ Event, Oyster Roast
- * Road Side Cleanups
- * National Ceremonies

Commander@ALPost1% HC.org
Please include "Volunteer" in the email subject line.

640 O LOBINSON POND RD. FQY-NC





LEGION 116

PEER SUPPORT GROUP

WE'RE IN THIS TOGETHER

Returning to civilian life from the military can be a difficult transition. This peer support group provides our Veterans a private space amongst peers to share their experiences or struggles.

JOIN US EVERY WEDNESDAY

JAN. 3 APR. 3 7p JAN. 10 APR. 10 9a JAN. 17 APR. 17 7p APR. 24 JAN. 24 9a JAN.31 MAY 1 7p FEB. 7 MAY 8 9a FEB. 14 MAY 15 7p FEB. 21 **MAY 22** 9a FEB. 28 **MAY 29** 7p JUN. 5 MAR. 6 9a MAR. 13 JUN. 12 7p

JUN. 19

JUN. 26

9a

7p

MAR. 20

MAR. 27

- You do not need to be a member
- Coffee and donuts are provided
- · Approximately 1 hour
- You may park on the right side of Bldg 2 for privacy if desired



YOUR CHANCE TO GET INVOLVED IS HERE

MAR 14

NOMINATIONS ★ SELF NOMINATIONS



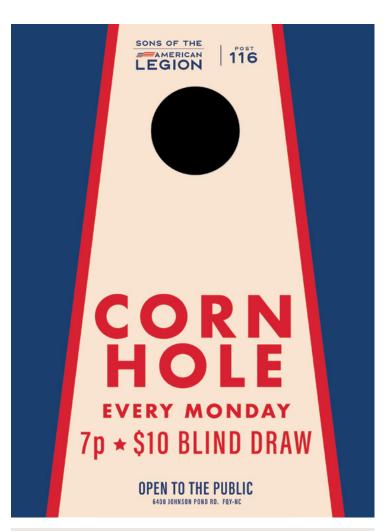
POSITINS

Commander
1st Vice Commander
2nd Vice Commander
Adjutant
Finance Officer
Parliamentarian
Service Officer
Chaplain
Historain

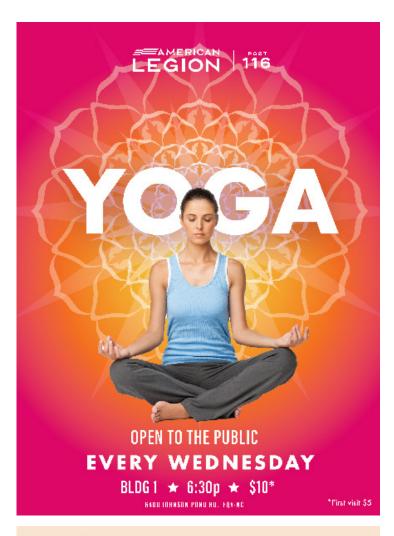
Sat-At-Arms (3)

Officer's-At-Large (6)













MEET-UP

New members get their first DRINK ON THE COMMANDER!

6-7p

NOV 16 MAR 21

DEC 21 APR 18 JAN 18 MAY 16 FEB 15 JUN 20

LEGION

116 GENERAL MEETING

SECOND THURSDAY OF EVERY MONTH

DINNER 6p ★ MEETING 7p

OPEN TO ALL MEMBERS





EAGLE RIDGE GOLF CLUB 565 COMPETITION RD., RALEIGH, NC 27603

\$40K towards a vehicle of your choice.



REVIEW

Eagle Ridge is a golf course that can be enjoyed by all golfers. Higher handicappers will find their safest route to the green and "players" will find plenty of risk and reward opportunities. Eagle Ridge was designed by 1992 US Open Champion Tom Kite.

FORMAT

The method is Scramble/Captain's Choice. USGA and local club rules apply. Carts and practice range balls are provided. Proper golf attire is required.

GOLF SCHEDULE	
Couse Opens	6:46a
Registration	7:30a
Opening Ceremony	8:30a
Shotgun Start	9:00a
Post 116 Ceremony	2:00p

CELEBRATION

6400 Johnson Pond Rd., Fuquay-Varina NC 27526





A special thanks to all of our sponsors and volunteers. We hope you will join us again next year. Thank you for caring and a special thanks to our military members

ENTRY FORM (The following is included in your entry fee)

Golf cart, Range balls, Meal and Beverages at Awards, Par 3 Hole In One Contest, Putting Contest, Most Accurate Drive Contest, 1 Mulligan, 1 Red Bomber and a raffle ticket for the \$200.00 Cash Prize drawing, and Silent Auction.

REGISTRATION FORM-TEAM MEMBERS

(Individual applicants will be placed on a team)

ENTRY FEE \$100.00 p/player \$90.00 p/veteran

Diagram #1	VETERAN?
Player #1	Y N
Player #2	Y N
Player #3	
Flayer #3	Y N
Player #4	Y N
Phone #	Email

SPONSORSHIP OPPORTUNITIES

Title Sponsorship.....\$2500.00 3 Foursomes, Logo Pin Flags and on all promotional material & media sites, banner, special program recognition, 1 year, full page ad in Post News Letter going out to over 1500 Legion Family members monthly and recognition on our web site Sponsor page and 4 Social Media posts.

Gold Sponsorship......\$1500.00 2 Foursomes, logo on website, day of event signage,

special program recognition, 6 Months, 1/2 page ad in Post News Letter going out to over 1500 Legion Family members monthly, and recognition on our web site Sponsor page. Select One

Dinner(2) Towel Sponsor Gift Bag Sponsor

QUESTIONS PAV BY MAIL

ALP116 Golf Cmte 6400 Johnson Pond Rd., Fuguay-Varina NC 27526 Jim Breece 919.345.9107 Joey Balint 919.815.4838

DEADLINE May 21, 2024

Drop it off at the Legion, or call Jim or Joey and they will pick up your payment for you.



SUPPORT OUR Vendors are welcome to give away promotional items. Join our team of sponsors and donate a FAMERICAN door prize or gift certificate to be awarded

Silver Sponsorship......\$700.00

1 Foursome, Logo on website, day of event signage, special program recognition, 6 months, 1/4 page ad in Post News Letter going out to over 1500 Legion Family members monthly, and recognition on our web site Sponsor page. Select One

Breakfast Putting Contest Most Accurate Drive

Tee Box Sponsorship.....\$100.00 Hororarium Sign.....\$50.00

I am unable to attend, please accept this donation.

Please make checks payable to: **AL Golf Post 116**

